



SHOULDER PRESS/UPPER CHEST

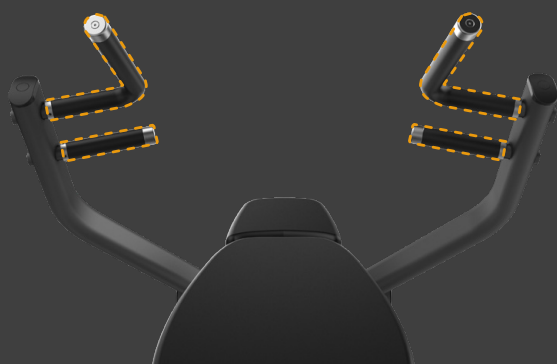


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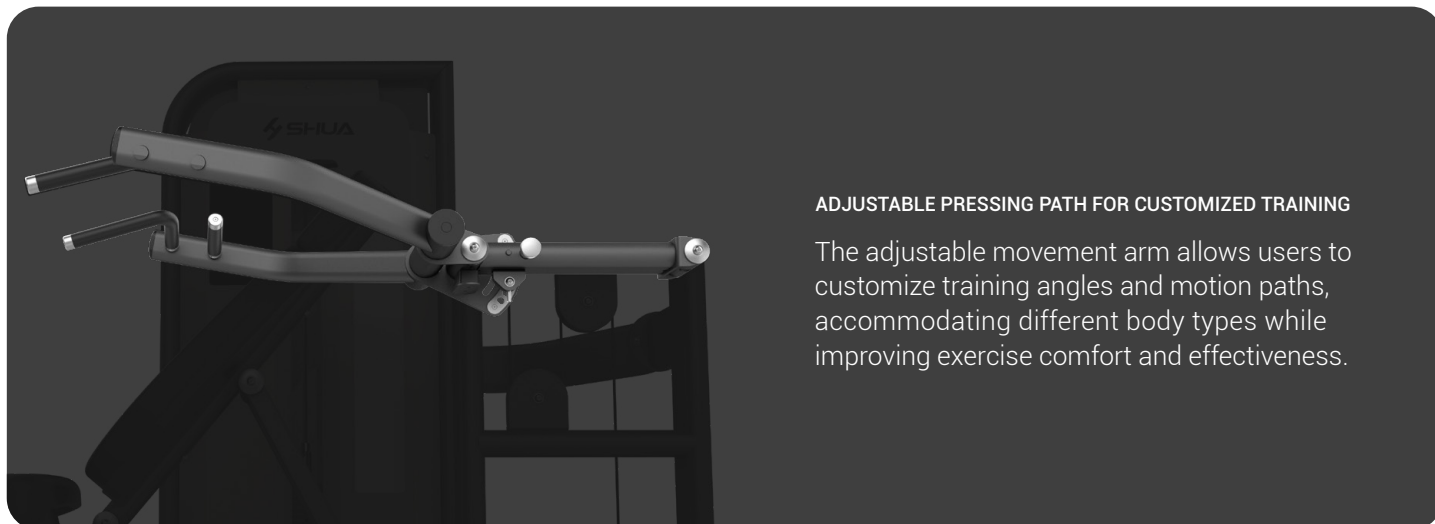
DUAL-FUNCTION DESIGN FOR COMPLETE UPPER BODY TRAINING

Combining chest press and shoulder press functions in one machine, it effectively targets the pectorals, deltoids, triceps, and trapezius muscles, providing a comprehensive upper-body workout solution.



MULTI-GRIP HANDLES FOR VERSATILE TRAINING OPTIONS

Featuring horizontal and vertical grip positions, the machine allows users to perform varied pressing movements with enhanced exercise versatility and targeted muscle engagement.



1263 mm

1544 mm



1872 mm

PRODUCT SPECIFICATIONS

DIMENSIONS	1872mm×1263mm×1544mm / 74 × 50 × 61 in
MAX USER WEIGHT	150kg / 331 lbs
MAX TRAINING WEIGHT	90kg / 198 lbs
MUSCLES	Pecs, Delts, Triceps, Traps
NET WEIGHT	235kg / 518 lbs
GROSS WEIGHT	295kg / 650 lbs
LOADING CAPACITY	40HQ: 36 units